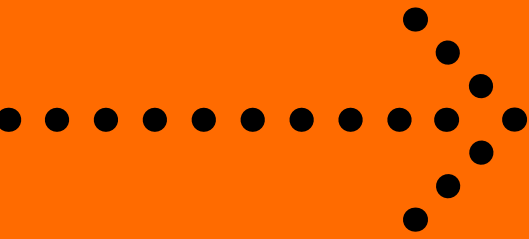


Open Communication



**Say what you mean
and mean what you say**

**Freely express your
feelings and opinions**

**Know it's okay to
disagree**

**healthy
relationships:**

trait

02

Text Adapted from:
The Duluth Model, Domestic
Abuse Intervention Project
theduluthmodel.org



For more, visit: asu.edu/wellness

