

Build Your Best You

What You Need to Know About Social Distancing:

ASU is here to support you as you navigate this period of uncertainty. Hearing that you need to practice safe social distancing may mean changing your habits, but the goal is to ensure that you are healthy while also protecting others from exposure to any illness.



So you're practicing safe social distancing. What does that mean?

To the extent possible, stay in your room.

- Do not invite people over.
- Do not socialize in groups.
- Keep a 6-foot distance between you and others.

What if you or someone you live with experiences symptoms?

- Take your temperature daily and record any symptoms you notice.
- If you develop symptoms or believe you need medical attention, please call **ASU Health Services at 480-965-3346**